



United States of America
FEDERAL TRADE COMMISSION
Washington, D.C. 20580

Richard A. Quaresima
Acting Associate Director
Division of Advertising Practices

April 21, 2020

WARNING LETTER

VIA EMAIL TO contact@legionsupplements.com

Legion Athletics, Inc.
8045 Leesburg Pike #240
Mclean, VA 22182

Re: Unsubstantiated claims for Coronavirus prevention and treatment

To Whom It May Concern:

This is to advise you that FTC staff has reviewed your website at <https://www.legionathletics.com> in April 2020. We have determined that you are unlawfully advertising that certain products treat or prevent Coronavirus Disease 2019 (COVID-19).

Some examples of Coronavirus prevention or cure claims on your websites include:

- On your website at <https://legionathletics.com/quarantine-diet/>, you state: “Here’s the Best Diet Plan to Follow During the COVID-19 Quarantine...What Supplements Should You Take During a Quarantine?...there are a few supplements you can take that are scientifically proven to support healthy immune function. The main ones are...Pelargonium sidoides[,] Tinospora cordifolia[,] Garlic[,] American ginseng[,] Zinc[,] and] Vitamin D...You can find [varies by supplement] mg of [Pelargonium sidoides, Tinospora cordifolia, Garlic, American ginseng, and Zinc] in each serving of our immune-support supplement, Immune [with hyperlink to the product page to purchase Immune, <https://legionathletics.com/products/supplements/immune/>]... We chose this amount per serving because we intend for people to take several servings per day when around sick people or sick themselves... You can find 2,000 IU of vitamin D (as cholecalciferol) in each serving of our sport multivitamin, Triumph [with hyperlink to the product page to purchase Triumph, <https://legionathletics.com/products/supplements/triumph-men/>].”
- On your website at <https://legionathletics.com/boost-immune-system/>, you repeat much of the same information. You also state: “If you’re like most people, you’ve been paying attention to what’s happening with coronavirus... You’re probably

already taking preventative measures like washing your hands... but you're still exposed to thousands of different germs every day (and possibly, COVID-19)... And if one of these germs manages to sneak past your guard, it's up to your immune system to knock them out before they make you sick... What, specifically can you control to ensure your immune system is in top-top shape? Here are the biggies you need to get right:... Take immune-support supplements proven to work like *Pelargonium sidoides*, *Tinospora cordifolia*, garlic, *Panax quinquefolius*, zinc, vitamin C and vitamin D[.] (And if you're looking for a convenient source of these supplements, try our immune-support supplement, Immune [with hyperlink to the product page to purchase Immune, <https://legionathletics.com/products/supplements/immune/>], and our sport multivitamin, Triumph [with hyperlink to the product page to purchase Triumph, <https://legionathletics.com/products/supplements/triumph-men/>]. When taken together, you'll get the full clinically effective dose of all these supplements.)”

- On your website at <https://legionathletics.com/products/supplements/immune/#faq>, you state: “Will Immune help me fight COVID-19? Potentially...BIG ASTERISK...there are currently no studies on how any supplements, including Immune, may help reduce the risk of becoming infected, the severity of the symptoms, or the duration of the illness...That said, some of the ingredients in Immune have been scientifically proven to reduce the severity and duration of viral infections, and one ingredient may also reduce the likelihood of contracting viral infections... All in all, Immune could help reduce the severity and duration of a COVID-19 infection, and it's possible (although unlikely) that it could reduce your risk of contracting the disease in the first place as well.”

It is unlawful under the FTC Act, 15 U.S.C. § 41 *et seq.*, to advertise that a product can prevent, treat, or cure human disease unless you possess competent and reliable scientific evidence, including, when appropriate, well-controlled human clinical studies, substantiating that the claims are true at the time they are made. For COVID-19, no such study is currently known to exist for the product identified above. Thus, any coronavirus-related prevention or treatment claims regarding such product are not supported by competent and reliable scientific evidence. You must immediately cease making all such claims.

You are also advised to review all other claims for your products and immediately cease making claims that are not supported by competent and reliable scientific evidence.

Within 48 hours, please send a message to Richard Cleland, Assistant Director via electronic mail at rcleland@ftc.gov describing the specific actions you have taken to address the FTC's concerns. If you have any questions regarding compliance with the FTC Act, please contact Richard Cleland at 202-326-3088.

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Very truly yours,

Richard A. Quaresima
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